



Home Maintenance Services NSW

Below are some of the private services available to assist people in their homes. For other services available in your area, check your local newspaper and local telephone book. Always ask if they give a discount for seniors, pensioners and/or holders of a Senior's Card.

<p>Absolute Home Help PO Box 194 Drummoyne NSW 1470 Ph: 1300 796 780 or 0419 019 756 www.ahh.com.au</p>	<p>Local professional, reliable and friendly service providers offer the following services in Sydney metropolitan area: housework, casual cleaning, windows, carpets and gutters cleaning, lawn mowing and pet care. Service guaranteed and no job too small.</p>
<p>Calvary Silver Circle Home Safe Level 4, 72-80 Cooper Street, Surry Hills 2012 Ph: 9281 5444 Info line: 1300 660 022 www.calvarysilvercircle.org.au</p>	<p>One-off or regular home maintenance: spring cleaning, clear gutters, general home repairs, gardening, installing guard rails, building ramps Service available throughout Australia.</p>
<p>Community Assist Lawn Mowing – CALM Level 1, 1273 Pacific Highway, Turramurra 2074 Ph: 9488-8390 www.easycaregardening.org.au</p>	<p>CALM provides a lawn mowing subsidy for frail, aged pensioners, carers and people on a disability support pension. Covers the Hornsby, Hunters Hill, Ku-ring-gai, Lane Cove, Manly, Mosman, North Sydney, Pittwater, Ryde, Warringah and Willoughby Council areas. The service is means tested.</p>
<p>COTA Home Maintenance Services (<i>head office: Adelaide</i>) Ph: 1300 658 842 www.cotamembership.org.au</p>	<p>National service with limited operation in all states, available to COTA members. The work is guaranteed and contractors are not paid until our members are happy. All trades people are individually selected and accredited, and are fully licensed and police checked. Service available throughout Australia.</p>
<p>Dial an Angel Head office: Suite 21, Edgecliff Mews, 201 New South Head Road, EDGECLIFF 2027 Ph: 9362 4225 or 1300 721 111 www.dialanangel.com</p>	<p>Temporary, regular or permanent assistance with in-home nursing, eldercare, domestic housekeeping, child care, supervised contact visits, care by nannies, garden and home maintenance, concierge services, caretaking, pet care. Services Sydney metro – to Blue Mountains & Campbelltown, Eastern Suburbs, North Shore and Hills District. Also available in Central Coast, Newcastle and Wollongong.</p>
<p>Grey Army Home Services Ph: 13 11 98 <i>Run and operated by people over 45. Covers most of NSW. Prices and availability may vary in different areas</i> www.greyarmy.com.au</p>	<p>Lawn and garden care, kitchen renovations, pest control, roofing, rubbish removals, tree lopping, painting, handyman services, property maintenance, licensed builders available, electricians, fencing contractors, plumbers and gas fitters, gutters maintenance and fitting of hand rails.</p>

<p>Hire a Hubby Ph: 1800 803 339 www.hireahubby.com.au <i>(offer discounts for pensioners and seniors card holders)</i></p>	<p>This accredited and professional team will do nearly all home maintenance and renovation tasks around the home - including general property maintenance, guttering, window cleaning, rubbish removal, fixing tap washers, fences, paving, roof vents, lawn mowing. The work is fully insured and security checked.</p>
<p>Kinder Caring Home Support Service Suite 1401, 44 Market St, Sydney 2000 Ph: 1300 796 675. www.kindercaring.com.au</p>	<p>Cleaning, domestic housekeepers, handyman and gardening services. (Sydney/Eastern Suburbs)</p>
<p>The INS Group (<i>illawarra nursing service</i>) Freecall : 1800 676 336 www.theinsgroup.com.au</p>	<p>Nursing care, personal care, domestic assistance, respite, transport, social support, and home & yard maintenance. Available in the Illawarra, Southern Highlands, Macarthur and Sydney areas (NSW)</p>

Services in Rural Areas

See Calvary Silver Circle HOME SAFE	as above
See Dial an Angel	as above
See Grey Army Home Services	as above
See The INS Group (<i>illawarra nursing service</i>)	as above
<p>Just Better Care Ph: 1300 587 823 www.justbettercare.com.au Available in Central Coast, Blue Mountains, Illawarra, Southern Highlands, Newcastle Hunter and Sydney areas (NSW)</p>	<p>Registered nurses, enrolled nurses, personal care and domestic assistants provide a variety of care. Includes palliative care, respite care, dementia care and post-operative support. As well as the usual domestic duties, this service provides general gardening and lawn maintenance.</p>
<p>S.O.S. Nursing & Home Care Service Head Office: 1/61 Barnes Street, Tamworth 2340 Ph: 6765 8433 www.sosservice.com.au Available in regional NSW areas: North West, Central West, New England, Northern Tablelands and Central Coast.</p>	<p>This nursing service specialises in dementia and aged care, DVA home care, medication management, palliative care, respite care in and out of home. The home help provides general home care, meal preparation, housekeeping and shopping, gardening and home maintenance.</p>
<p>Catholic Health Care Services General enquiries: 8876 2100 www.catholichealthcare.com.au</p>	<p>Offers a wide range of community and Home Care services throughout NSW.</p>