

Are you confused about

AGED CARE?

HELP IS STILL AVAILABLE!

COTA NSW's new phone service can explain:

- how the aged care system works
- how to organise home care or residential care
- your contribution to the cost of your service

We can also help you to:

- find local services
- use the My Aged Care website
- apply for an online assessment
- fill in forms



Assistance is available in Cantonese and Mandarin as well. Please leave your phone number and we will call you back.

The aged care information service is part of the Aged Care Navigators Trial, which is testing ways to help people access aged care services. COTA Australia are leading the trials, which are funded by the Australian Government.

COTA NSW's Information Hubs have temporarily closed due to the Covid-19 pandemic.

The good news is, you can still contact us and we will help you by phone or email!

HOW TO CONTACT THE SERVICE

- phone us on 8268 9601 or 0438 431 817, between 9am and 4.30pm, Tuesday to Thursday. If there is no answer, we may be on another call, so please leave a message.
- email us on acsn@cotansw.com.au
- send us a text on 0438 431 817

Family members and friends are welcome to contact us too!